

Today: making X-ray tomography  
better

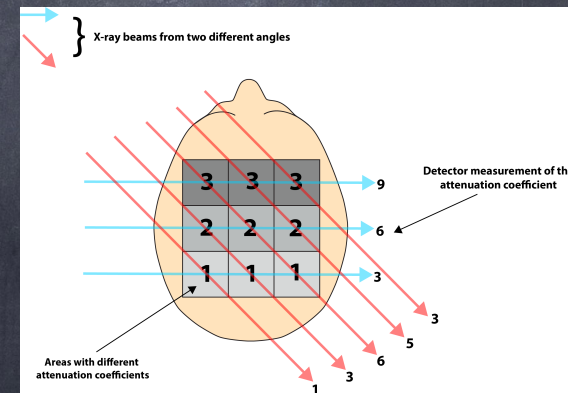
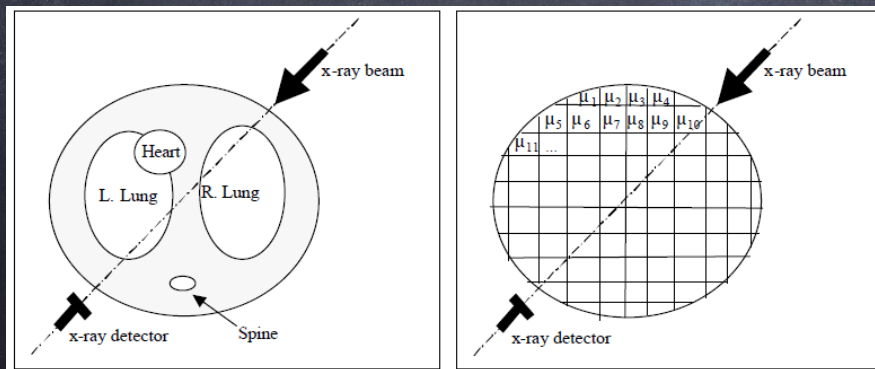
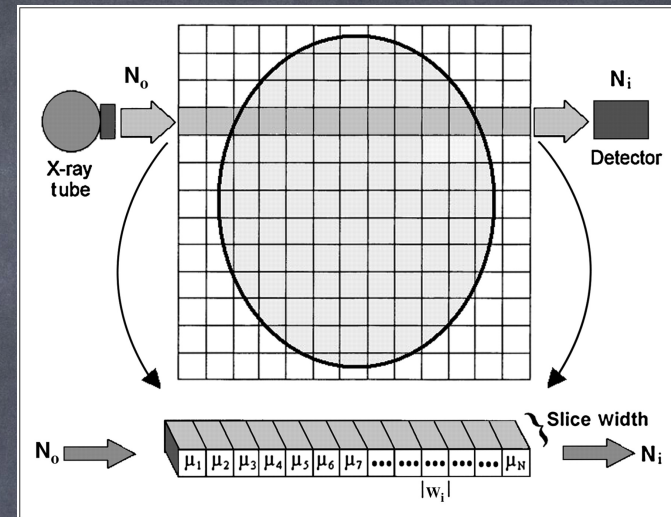
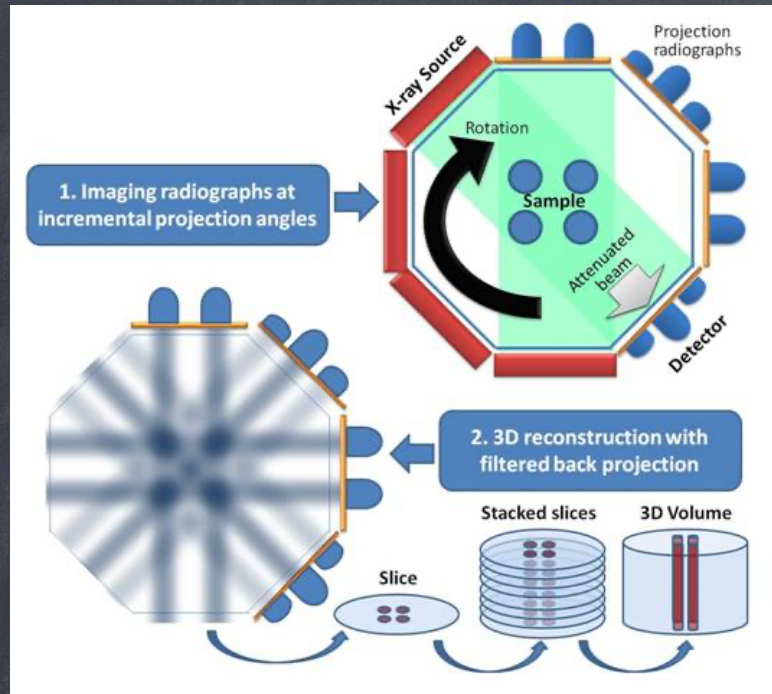
# PHY 127 FS 2024

Prof. Ben Kilminster


Lecture 10

May 10<sup>th</sup>, 2024

# Review :



CT scan with x-rays of a human body

→ best performance  voxel size  
of  $0.3 \text{ mm}^3$

→ gantry revolves around the patient  
in 0.25 seconds

(less than a heart beat)  
(less blurring)

To get better resolution, we can use other

1) smaller set-up with smaller techniques  
smaller x-ray beam

2) x-ray focussing  
- micro CT  
- nano CT

3) phase-contrast imaging

4) more intense x-ray beams (observe → 4b)  
time  
→ synchrotron x-rays  
→ free-electron laser x-rays

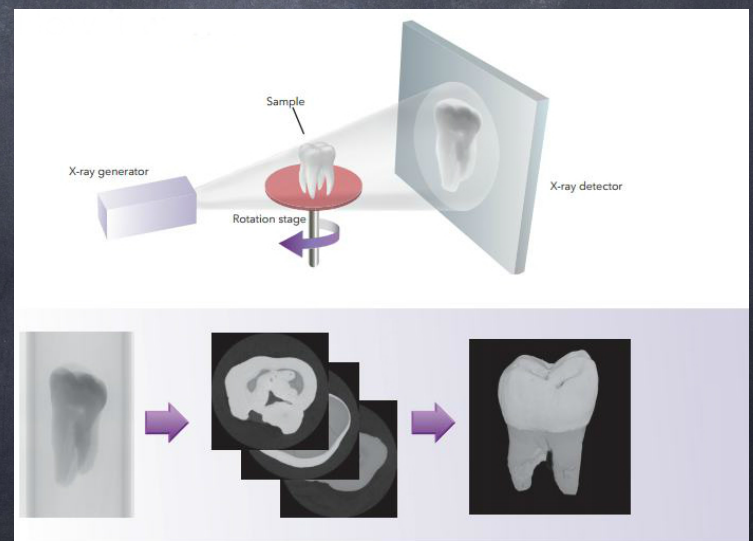


micro CT

→ better resolution than CT scan

→ limited to sample size of  
50 cm x 50 cm x 50 cm

→ resolutions of 1 μm  
(1E-6 m)



<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5449646/>

MCT  
mCT

(non-destructive)

## Laboratory x-ray micro-computed tomography: a user guideline for biological samples

[Anton du Plessis](#),<sup>✉1,2</sup> [Chris Broeckhoven](#),<sup>✉3</sup> [Anina Guelpa](#),<sup>✉1</sup> and [Stephan Gerhard le Roux](#)<sup>✉1</sup>

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This article has been [cited by](#) other articles in PMC.

### Associated Data

▶ [Supplementary Materials](#)

### Abstract

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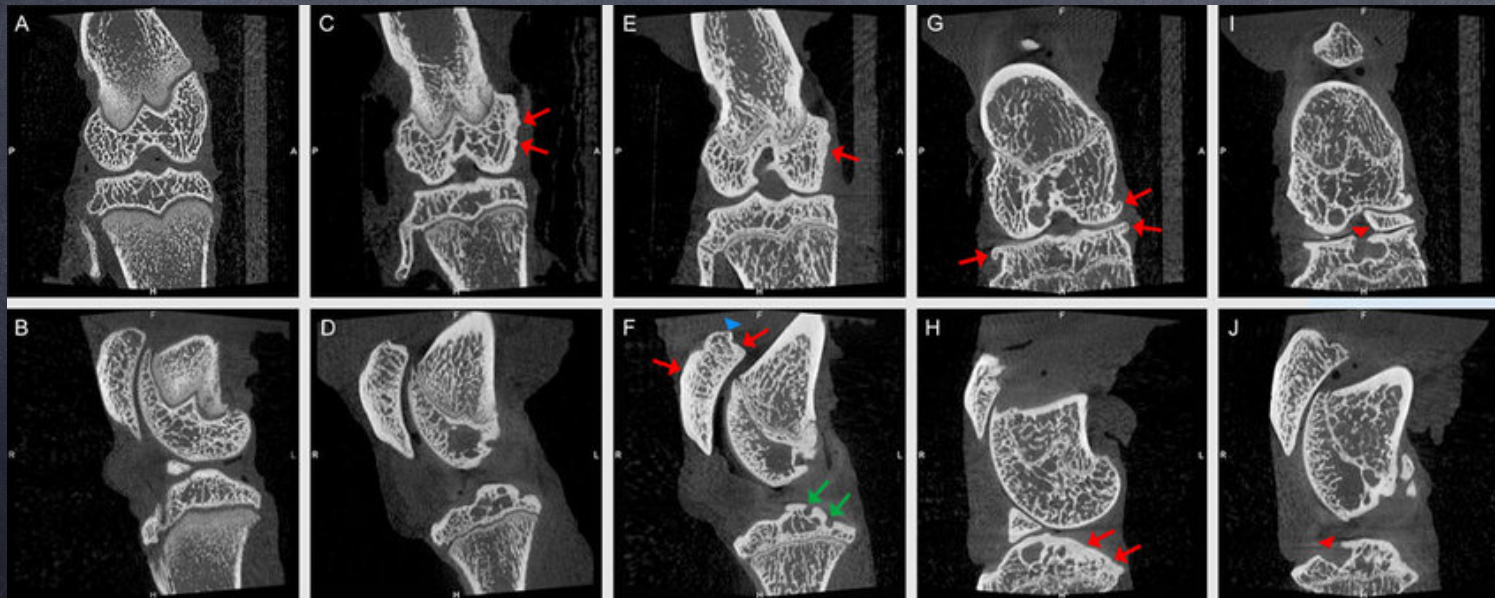
Laboratory x-ray micro-computed tomography (micro-CT) is a fast-growing method in scientific research applications that allows for non-destructive imaging of morphological structures. This paper provides an easily operated “how to” guide for new potential users and describes the various steps required for successful planning of research projects that involve micro-CT. Background information on micro-CT is provided, followed by relevant setup, scanning, reconstructing, and visualization methods and considerations. Throughout the guide, a Jackson's chameleon specimen, which was scanned at different settings, is used as an interactive example. The ultimate aim of this paper is make new users familiar with the concepts and applications of micro-CT in an attempt to promote its use in future scientific studies.

## Biological applications of micro-CT

### Related Stories

Micro-CT has been successfully applied to biological imaging in the following areas:

- In vivo imaging of head / knee
- Bone analysis
- Lung tumor detection in vivo and ex vivo
- Imaging and quantification of tumors
- Ex vivo imaging of the rabbit brain
- Phenotyping of the mouse kidney
- Imaging of mouse heart calcification and chest of live animals using contrast agents in vivo
- Imaging of tooth and jaw bone in mice



Representative photos from microCT evaluation of knee joints using the novel scoring system. (A) Dorsal and (B) sagittal reconstructions from a 2 month old Hartley guinea pig with no clinically significant OA lesions.

# Quantum GX2 microCT Imaging System



Image beyond bone – into oncology, cardiovascular and pulmonary diseases, and much more, with the Quantum GX2 microCT imaging system. With the Quantum GX2, flexibility is key. Combining the ability to perform high speed, low dose scans, ideal for longitudinal studies, across multiple species (mice, rats, rabbits) with high resolution ex vivo scanning, the Quantum GX2 microCT imaging system offers the flexibility and performance you need to not just image, but further understand your disease models.

Part Number CLS149276

[Request More Information](#)

[Request a Quote](#)

## Overview

[Resources, Events & More](#)

[Image Gallery](#)

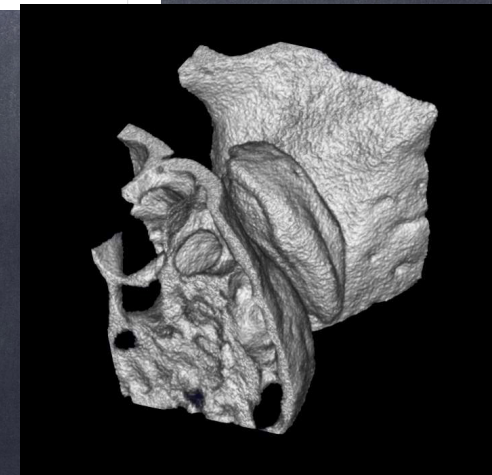
The Quantum GX2 microCT scanner is a true multispecies preclinical imaging system, offering the flexibility to enable longitudinal in vivo imaging as well as ex vivo sample scanning. With a 163mm imaging bore, an entire rabbit can be placed inside the scanner for in vivo scanning, while the 18mm FOV allows for high resolution scanning of ex vivo samples. Combined with PerkinElmer's 3-dimensional optical imaging systems, and automated bone analysis software (AccuCT™), the Quantum GX2 microCT imaging system provides maximal flexibility and function. Whether your research focus is oncology, cardiovascular disease, orthopedics or pulmonary disease, the Quantum GX2 is versatile enough to deliver the results you need.

✓ 2.3 μm

### Key Features

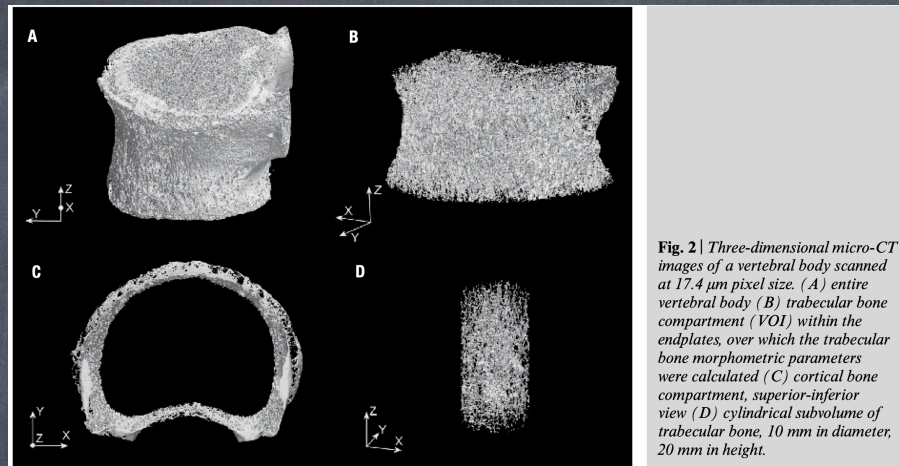
- High resolution (2.3 micrometer voxel size)
- High-speed (scans as fast as 3.9 seconds)
- Low-dose imaging for longitudinal in vivo studies
- Four Field Of Views (FOVs) – 18, 36, 72, and 86 mm
- Multispecies imaging capabilities (Zebrafish/mouse/rat/guinea pig/rabbit)
- Two-phase retrospective respiratory and cardiac gating
- Seamlessly co-registration of functional optical signals (from IVIS® Spectrum or FMT®) with microCT imaging data

Combine the Quantum GX2 microCT imaging with PerkinElmer's other in vivo imaging modalities (optical and PET) to gain greater insight into disease progression and treatment response non-invasively.

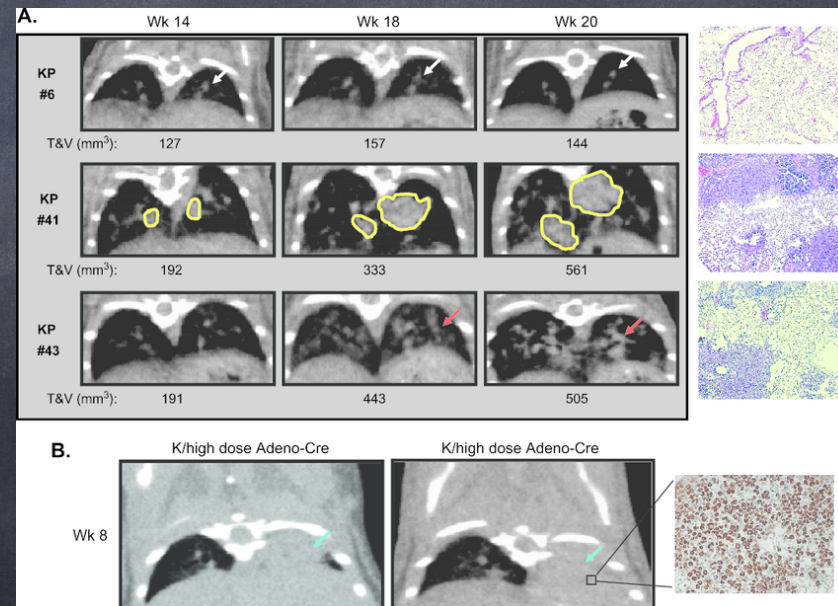




**Fig. 1** | Micro-CT cross-section image of a human vertebral body, at 17.4  $\mu\text{m}$  pixel size (3936  $\times$  3936 pixel, 68.5  $\times$  68.5 mm).

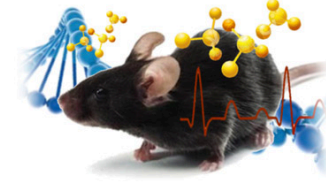


**Fig. 2** | Three-dimensional micro-CT images of a vertebral body scanned at 17.4  $\mu\text{m}$  pixel size. (A) entire vertebral body (B) trabecular bone compartment (VOI) within the endplates, over which the trabecular bone morphometric parameters were calculated (C) cortical bone compartment, superior-inferior view (D) cylindrical subvolume of trabecular bone, 10 mm in diameter, 20 mm in height.



Lung tumor identification in mouse





## Zurich Integrative Rodent Physiology (ZIRP)

About ZIRP • [Imaging](#) • Laboratory Analyses • Metabolism & Oxygen • Surgical Services • Telemetry • 3Rs • News • Courses Lectures

Optical Imaging

**microCT**

Body Composition Analysis

Irradiation

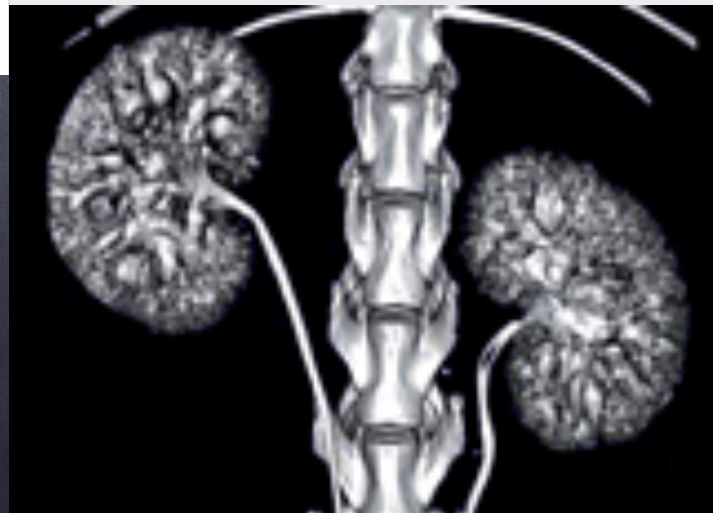
Preclinical Ultrasound

MRI

### microCT



Bildband



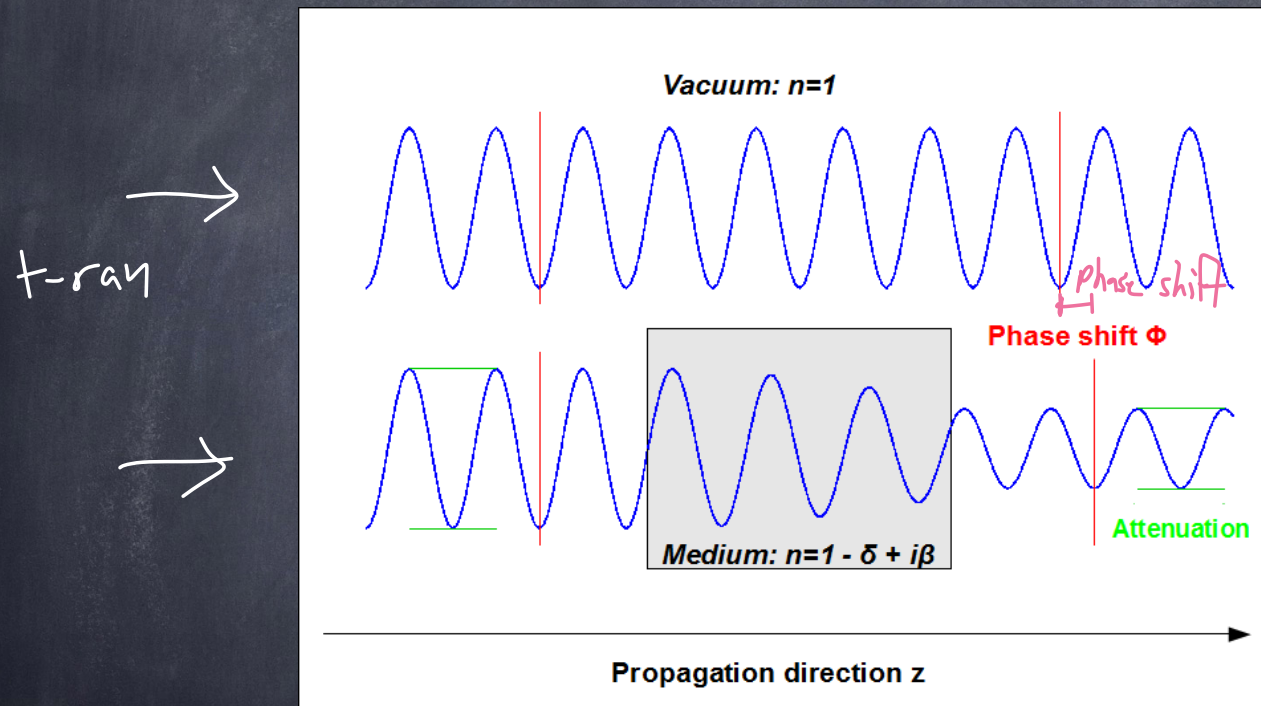
#### Location:

Zurich Integrative Rodent Physiology  
(ZIRP)  
Winterthurer Str. 190  
CH-8057 Zürich  
Phone: +41446355095  
→ [directions](#)

#### ZIRP news:

[news](#)  
[courses, lectures](#)

# Phase-contrast X-ray imaging



- 2 things happen!
- 1) attenuation  
amplitude decreases
  - 2) phase - shift

phase shift is because ~~is a~~  
the wavelength is different in a  
material with index of refraction,  $n$ .

t-ray  $\rightarrow$  

different refraction index

$$i^2 = -1$$

$$n = 1 - \delta + i\beta$$

complex refraction index

$\delta$ : describes change in phase because of change in wavelength

$\beta$ : describes the absorption (or extinction) coefficient

Electric field wave function

$$E(x) = E_0 e^{inkx}$$

$E_0$ : initial

$n$ : index of refraction

$k$ : wave number =  $\frac{2\pi}{\lambda}$

$x$ : distance travelled.

$$E(x) = E_0 e^{i(1-\delta)kx} e^{-\beta kx}$$

$i(1-\delta)kx$ : phase shift

$e^{-\beta kx}$ : attenuation

Complex math:

$$i^2 = -1$$

$$e^{i\theta} = \underbrace{\cos\theta}_{\text{real part which we can measure}} + i \underbrace{\sin\theta}_{\text{imaginary part}}$$

attenuation :  $\beta = \frac{\rho_a \sigma_a}{k}$

phase shift :  $\delta = \frac{\rho_a p}{k}$

$$\sigma_a = 0.02 [\text{barns}] \left( \frac{k_0}{k} \right)^3 z^4$$

Substitute in values :  $\delta = \frac{2\pi \rho_a z r_0}{k^2}$

$$\beta = 0.01 \text{ barn } \rho_a k_0^3 \left( \frac{z}{k} \right)^4$$

we see that  $\beta \propto k^{-4}$  (attenuation),  $\delta \propto k^{-2}$  (phase shift)

For human tissue,  $\delta$  is 3 orders of magnitude bigger than  $\beta$   
 → The phase shift is much larger than the attenuation.

→ More sensitive to differences in density.

→  $k^{-4}$  vs.  $k^{-2}$  means the phase contrast benefit grows with increasing energy

$k$ : wave number =  $\frac{2\pi}{\lambda}$

$\rho_a$ : atomic number density

$\sigma_a$ : absorption cross-section

$p$ : phase-shift cross-section

$p = \frac{2\pi z r_0}{k}$   $z$ : atomic number

$r_0$ : classical electron radius

1 barn =  $10^{-28} \text{ m}^2$

$k_0$ : length of wave with  $\lambda = 1 \text{ E-}10 \text{ m}$

- phase contrast approach has advantages over absorption approach
  - different dependence on energy
  - x-rays don't need to be absorbed → less radiation dose
  - use higher energy x-rays that have less attenuation (less radiation dose)
- <sup>in</sup> phase-contrast imaging one observes the interference between light passing through a material and light that doesn't pass through.

### Benefits of phase-contrast imaging:

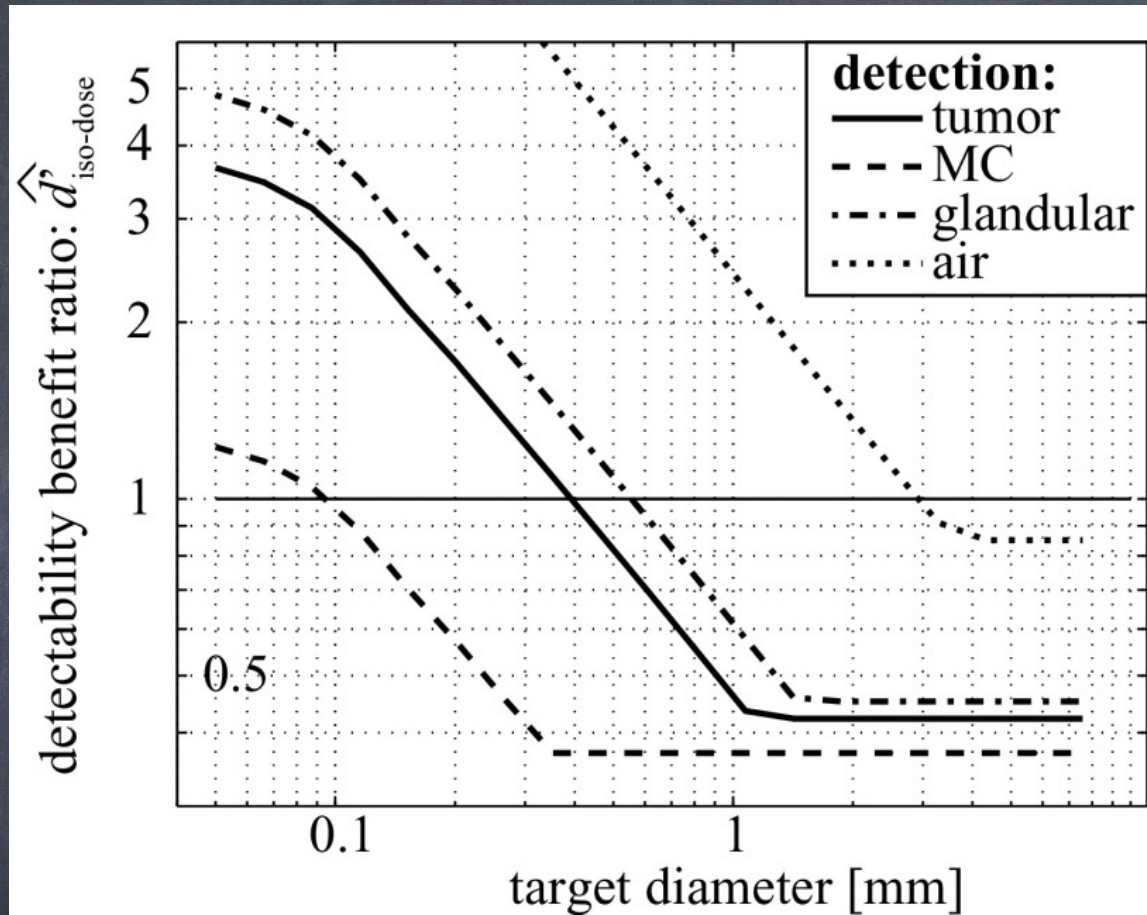
- 1) more sensitive to differences in tissue density
- 2) higher energy x-rays provide less dose (tumor detection)
- 3) phase shift ~~is~~ in soft tissue is mainly larger than the absorption.

# Absorption X-ray vs. phase-contrast X-ray



(In-ear headphone)

better  
↑



The benefit of phase contrast mammography relative to absorption contrast for (1) a tumor structure ("tumor"), (2) a glandular structure ("glandular"), (3) a microcalcification ("MC"), and (4) an air cavity ("air") as a function of target size at optimal energy and equal dose.<sup>[97]</sup>

# Focussing X-rays

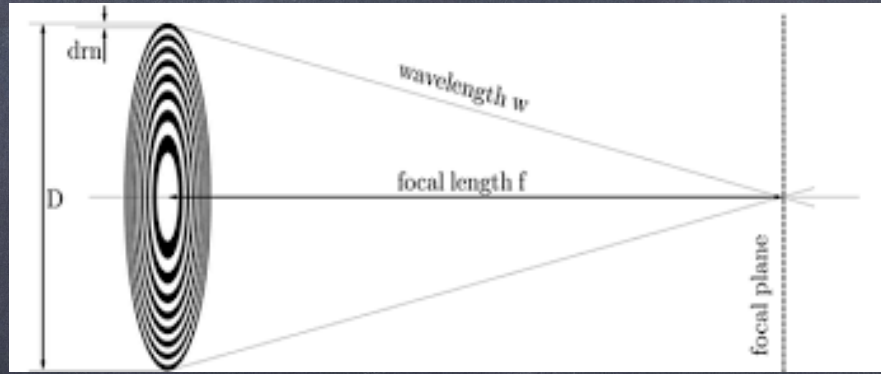
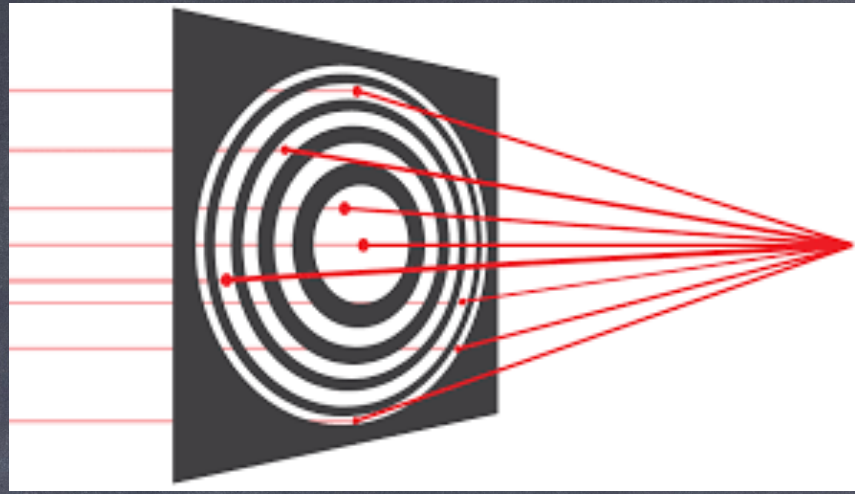
microwaves ( $\lambda \sim \text{cm}$ )

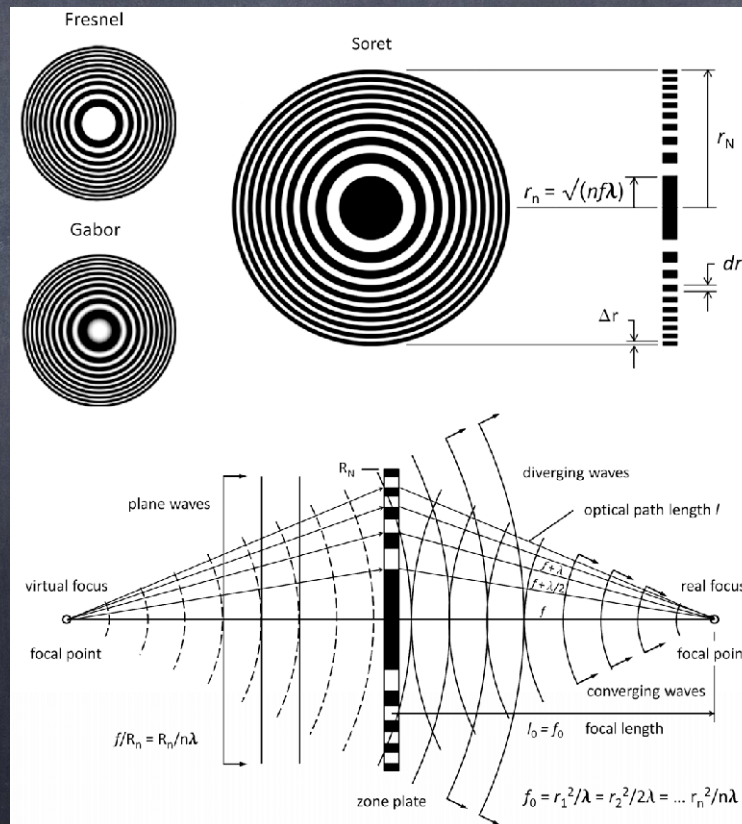
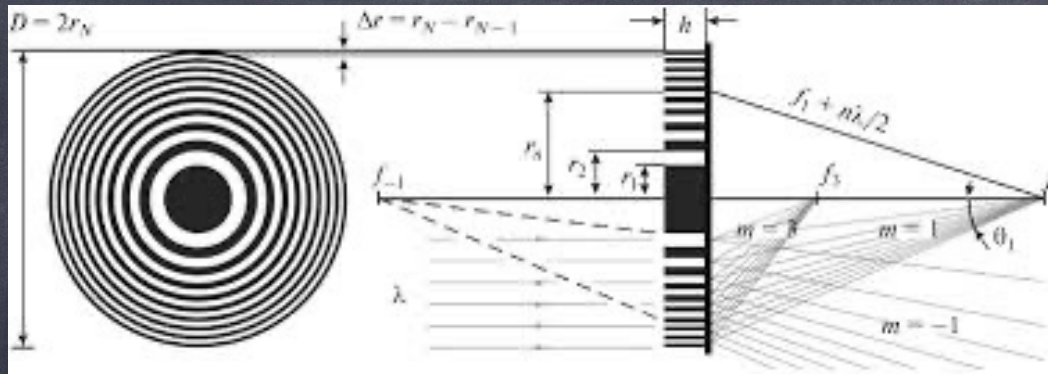


Fresnel zone plate









## Fresnel zone plate

to get constructive interference at the focus, the zones (radii) should switch between transparent and opaque at radii where



$$r_n = \sqrt{n\lambda f + \frac{1}{4}n^2\lambda^2}$$

$n$ : integer

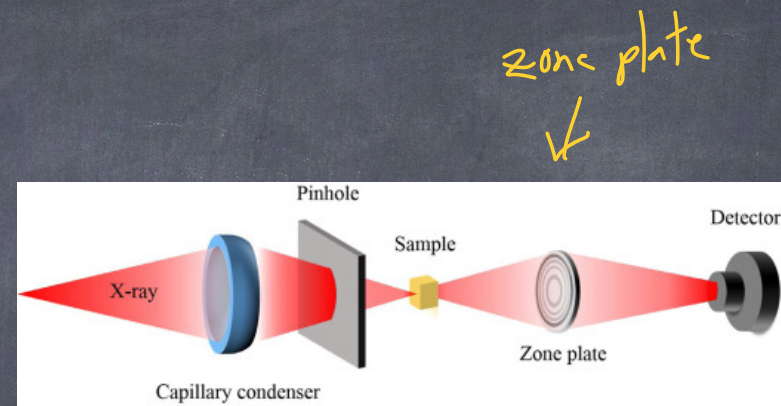
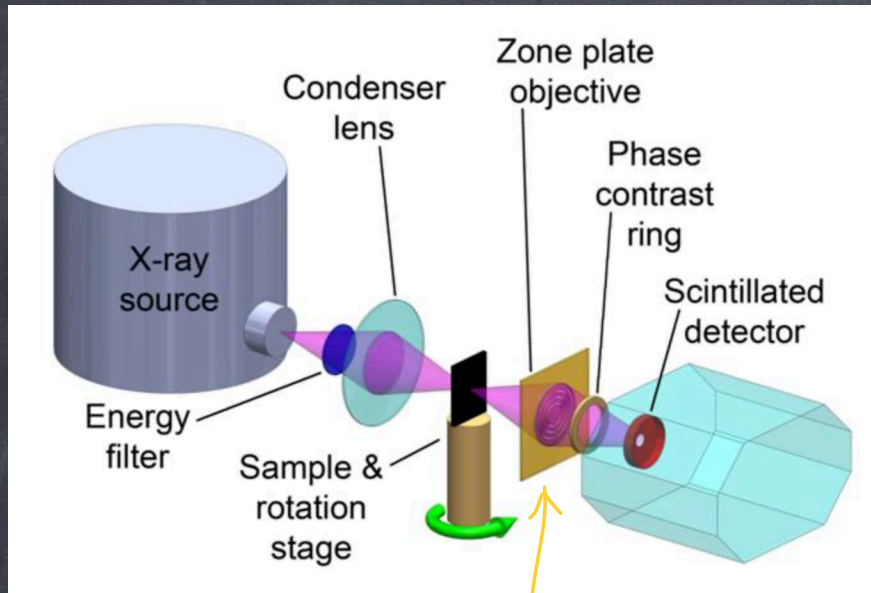
$\lambda$ : wavelength of light

$f$ : distance from center of zone plate to the focus plane.

If zone plate is small compared to the focal length  $f$ , then

$$r_n \approx \sqrt{n\lambda f}$$

we can do this with x-rays as well



<https://www.cmu.edu/me/xctf/facility/index.html>

Fresnel  
zone plate

The UltraXRM-L200 achieves its resolution using a laboratory X-ray source (rotating copper anode) that emits X-ray with a photon energy level of 8 keV. As the schematic below shows, the X-ray beam passes through a mono-capillary condenser lens that uses grazing incidence reflection to efficiently focus the X-rays on the sample. This efficient condenser is key to using a laboratory X-ray source rather than a synchrotron beam. After passing the sample, the X-rays are focused onto the detector using a Fresnel zone plate objective. The zone plate objective consists of high aspect ratio concentric gold rings. The maximum resolution of an X-ray transmission microscope is related to the minimum spacing of the gold rings. The 35 nm spacing of the high resolution zone plate in the UltraXRM-L200 yields a theoretical Rayleigh criterion resolution of 43 nm. After the zone plate, the X-ray beam passes by a gold phase ring for Zernike phase contrast (if in phase contrast mode). The ring phase shifts X-rays not diffracted by the sample, causing interference between the undiffracted X-rays and those diffracted by the sample and resulting in a negative phase contrast image. Subsequently, the X-rays intercept a scintillation screen coupled to a CCD detector.

# Nanoscopic X-ray tomography for correlative microscopy of a small meiofaunal sea-cucumber

Simone Ferstl , Thomas Schwaha, Bernhard Ruthensteiner, Lorenz Hehn, Sebastian Allner, Mark Müller, Martin Dierolf, Klaus Achterhold & Franz Pfeiffer

*Scientific Reports* 10, Article number: 3960 (2020) | [Cite this article](#)

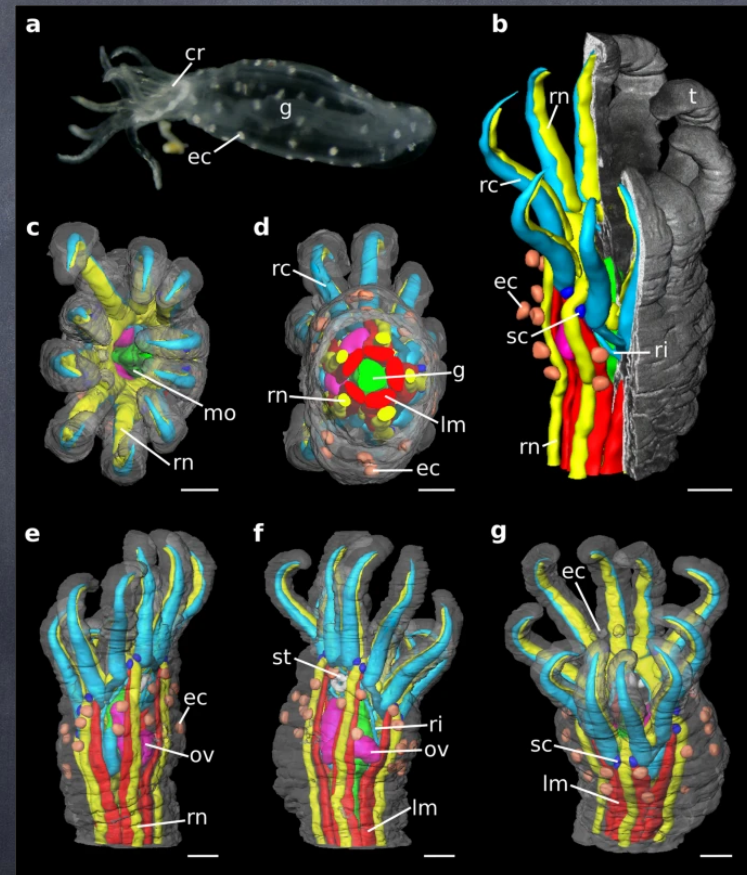
<https://www.nature.com/articles/s41598-020-60977-5>

Worm ~ 1mm length

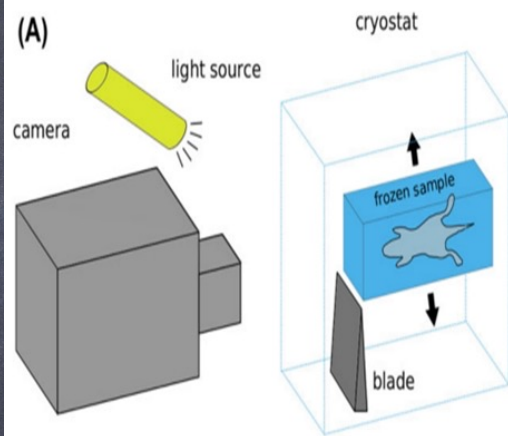
Combining small X-ray focal spots with cone beam geometry, this NanoCT setup reaches resolutions down to 100nm and is highly versatile respective to sample sizes<sup>10,16,17</sup>.

↑  
resolutions ~ 100 nm

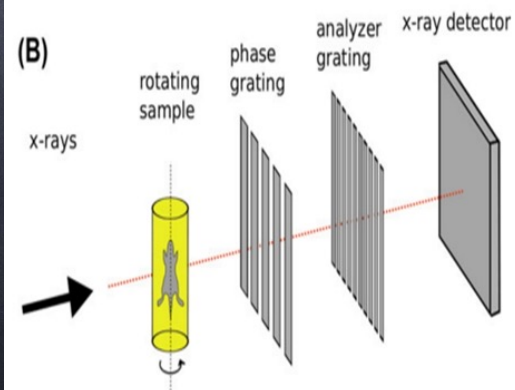
nano CT



destructive

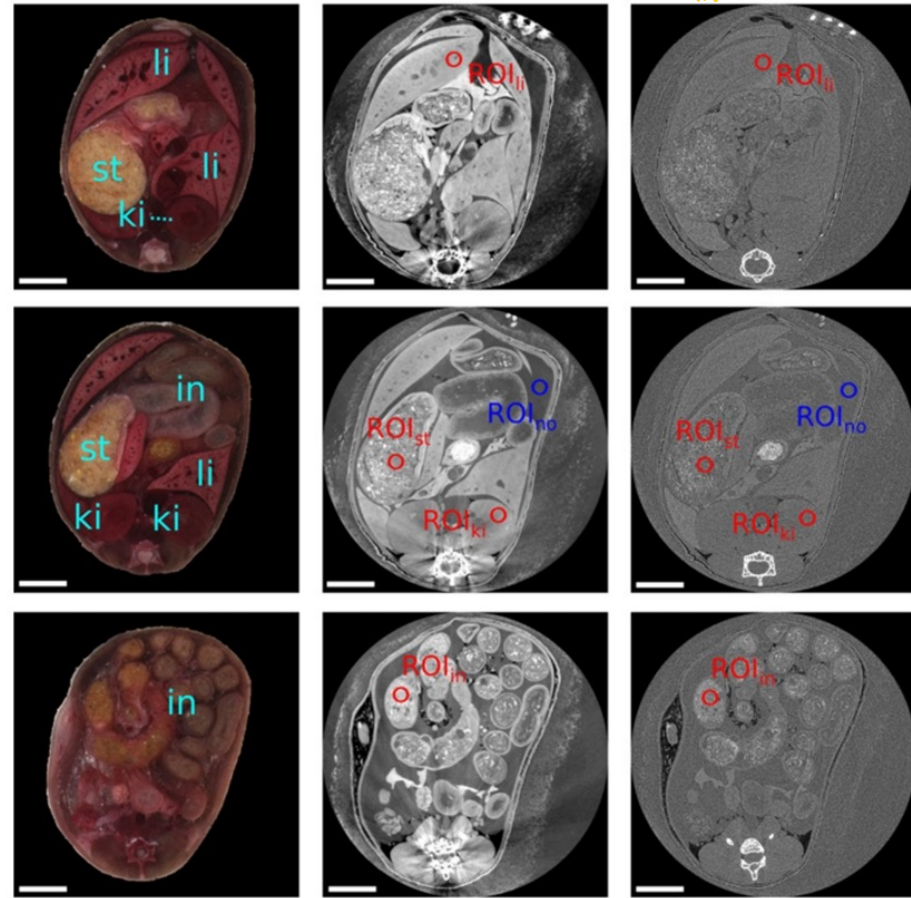


non-destructive



destructive

non-destructive



Visible  
light

x-ray  
light

## \* x-ray sources

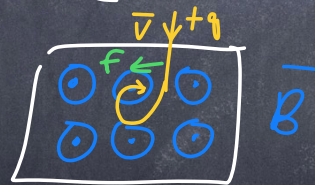
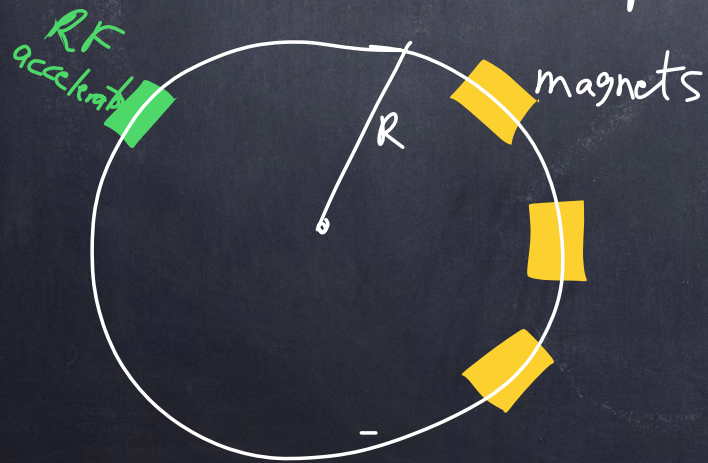
Besides x-ray tubes, x-rays can be produced by ~~the~~ synchrotrons.

The Large Hadron Collider (LHC) at CERN is the world's largest synchrotron.

The Swiss Light Source (SLS) at PSI is the most relevant for today.

How does a synchrotron work?

$$\vec{F} = q \vec{v} \times \vec{B} \quad (\text{Lorentz force})$$



$$\vec{F}_B = q \vec{v} \times \vec{B} = qvB \quad \text{if } \vec{v} \perp \vec{B}$$

provides centripetal acceleration,  $F_c = \frac{mv^2}{R}$

$$\text{set } F_B = F_c$$

$$qvB = \frac{mv^2}{R}$$

$$qB = \frac{mv}{R}$$

momentum =  $p = mv$  (classical momentum)

$$B = \frac{p}{qR}$$

$$R = \frac{p}{qB}$$

relativistic momentum,  $p = mv\gamma$

$$\gamma = \frac{1}{\sqrt{1 - \frac{v^2}{c^2}}}$$



The orbital frequency  $\nu = \frac{\omega}{2\pi}$        $\omega = \frac{v}{R}$        $v$  (velocity)

$$\nu = \frac{v}{2\pi R} = \frac{m v}{m 2\pi R} = \frac{p}{R} \frac{1}{2\pi m} = \frac{p}{\frac{p}{qB}} \cdot \frac{1}{2\pi m} = \frac{qB}{2\pi m}$$

This needs a relativistic correction because time slows down for fast ( $v \sim c$ ) particles,

$$\nu = \frac{qB}{2\pi m} \sqrt{1 - \frac{v^2}{c^2}}$$

In a synchrotron, the magnetic field is increased as the particle momentum increases because the radius  $R$  is constant.

So  $p \propto B$  increase together.

# European Synchrotron Radiation Facility (ESRF) in Grenoble, France

13 member countries: France, Germany, Italy, the UK, Spain, Switzerland, Belgium, the Netherlands, Denmark, Finland, Norway, Sweden, Russia

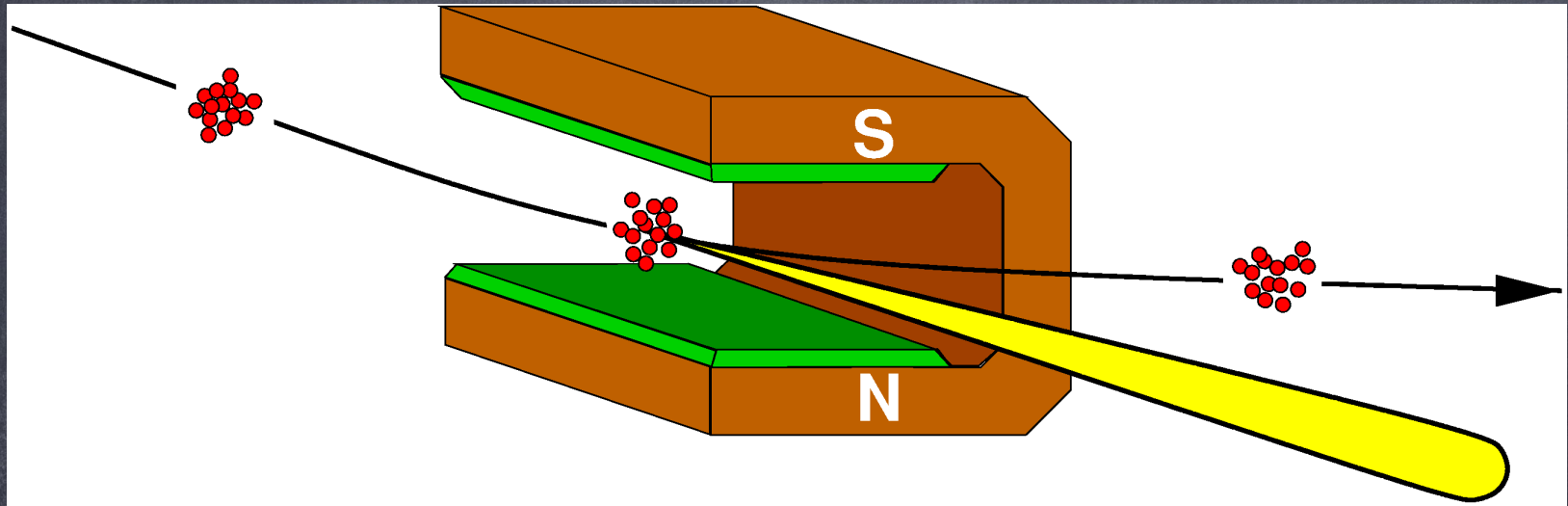
World's  
largest



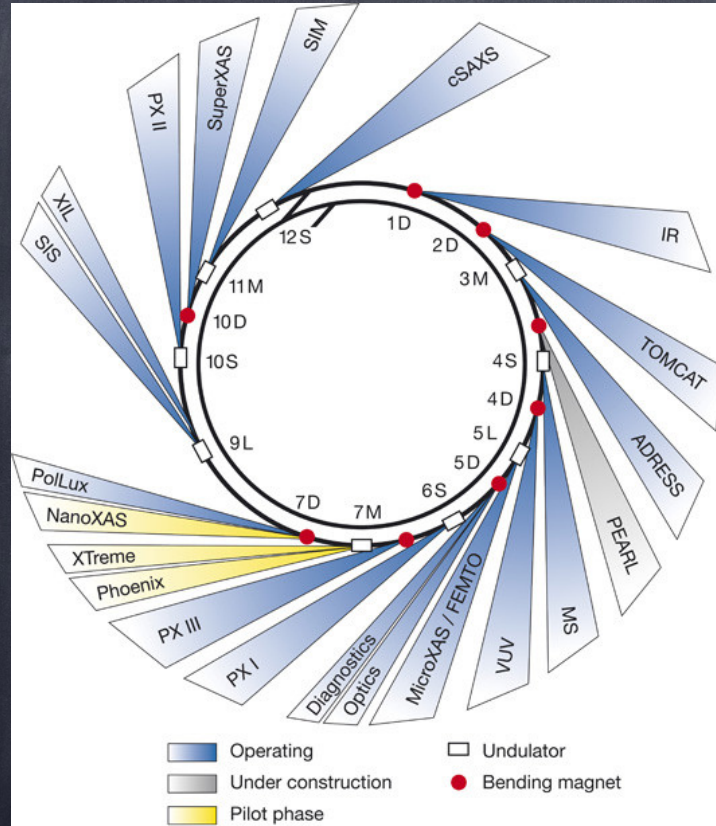
10,000 billion more powerful than X-rays used in the medical field.

## Swiss Light Source (SLS) at PSI, Switzerland (45 minutes away)





# Swiss Light Source (SLS)



## TOMCAT beam line

Technical Data	
Energy range	8-45 keV
Highest 3D spatial resolution	ca. 1 $\mu\text{m}$ in parallel beam geometry ca. 200 nm in full-field geometry
Max. temporal resolution	20 Hz
Available techniques	<ul style="list-style-type: none"> <li>- Absorption-based tomographic microscopy</li> <li>- Propagation-based phase contrast tomographic microscopy</li> <li>- Ultra-fast tomographic microscopy</li> <li>- Grating interferometry</li> <li>- Absorption and phase contrast nanotomography</li> </ul>
Available devices for in situ sample conditioning	<ul style="list-style-type: none"> <li>- Laser-based heating system</li> <li>- Cryojet and cryo-chamber</li> </ul>

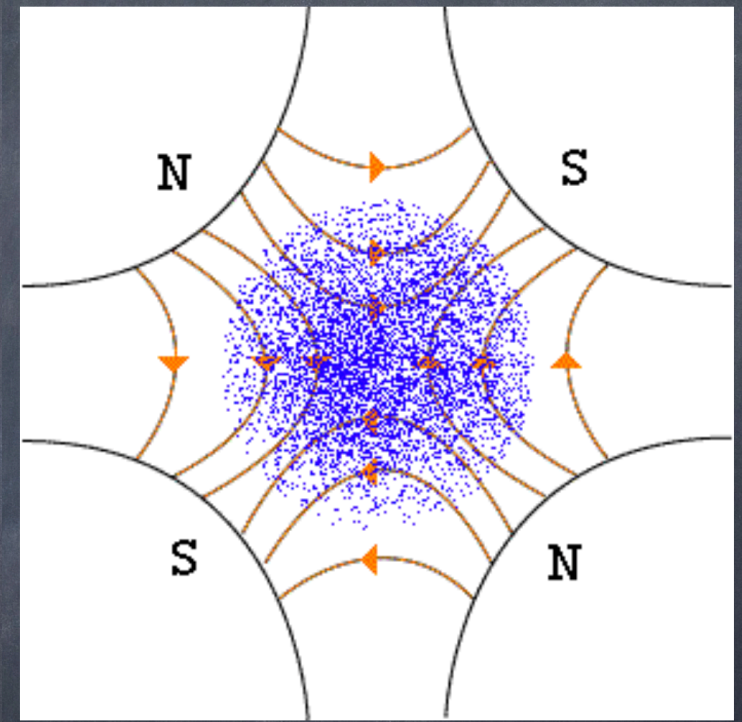
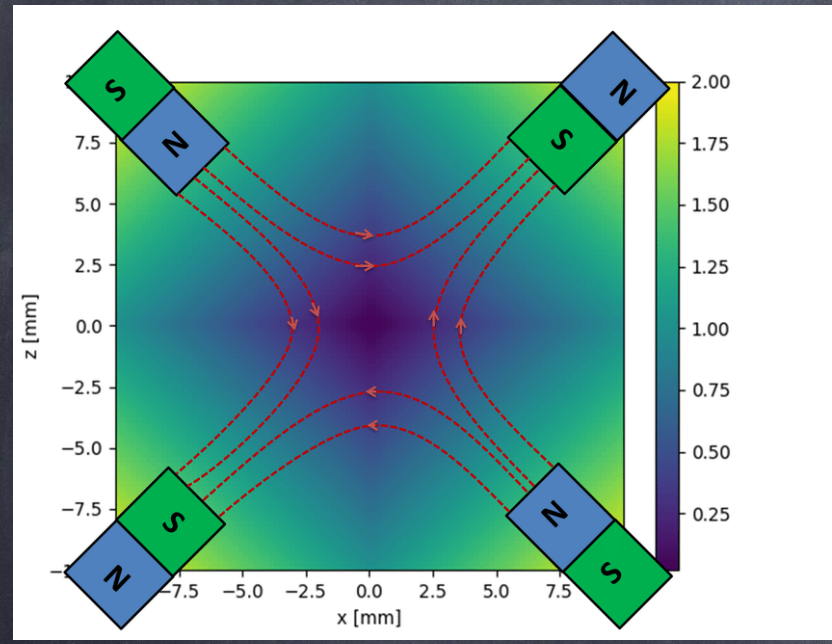
### 65 nm pixel size (resolution)

Absorption-based and phase contrast imaging are routinely performed with isotropic voxel sizes ranging from 0.16 to 11  $\mu\text{m}$  (fields-of-view (h x v) of 0.4 x 0.3 mm<sup>2</sup> and 22 x 3-7 mm<sup>2</sup>, respectively) in an energy range of 8-45 keV. Phase contrast is obtained with simple edge-enhancement, propagation-based techniques [2, 3] or through grating interferometry [4].

A temporal resolution of a few (< 5) minutes can also be achieved with the hard X-ray full-field microscope setup [8] delivering a pixel size of 65 nm for microscopic samples (~75x75  $\mu\text{m}^2$  field-of-view).

**TOMCAT** ( A beamline for  
T**Omographic** M**icroscopy** and C**oherent**  
r**Adiology** experimen**Ts** )  
<https://www.psi.ch/en/sls/tomcat>

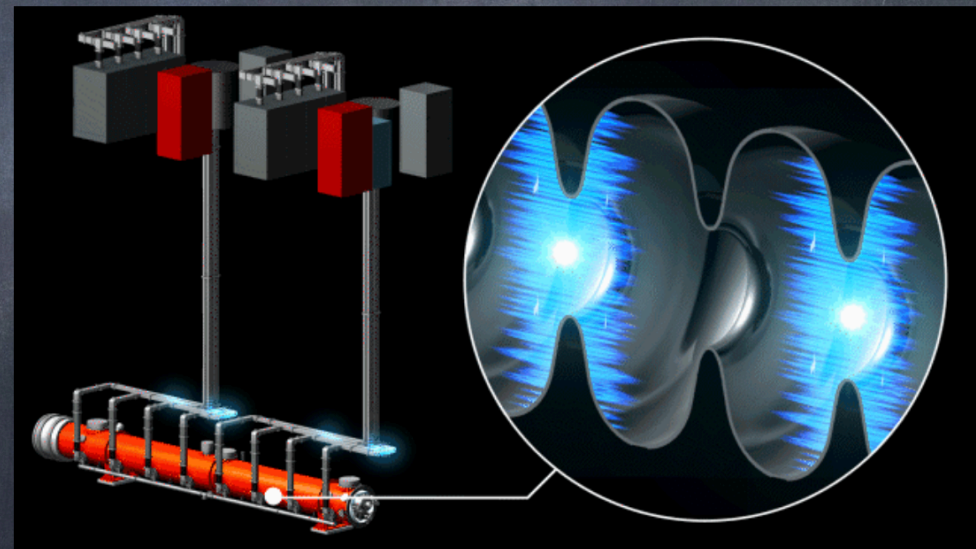
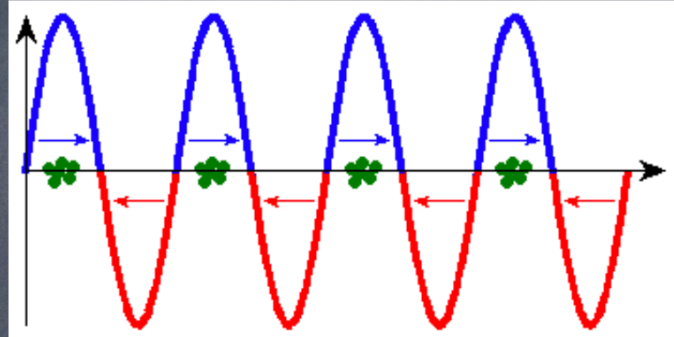
How to focus electrons?



quadrupole magnet

# How to accelerate electrons

## RF acceleration (YouTube video here <https://www.youtube.com/watch?v=mu4m7wSnpD0>)



Superconducting RF cavities

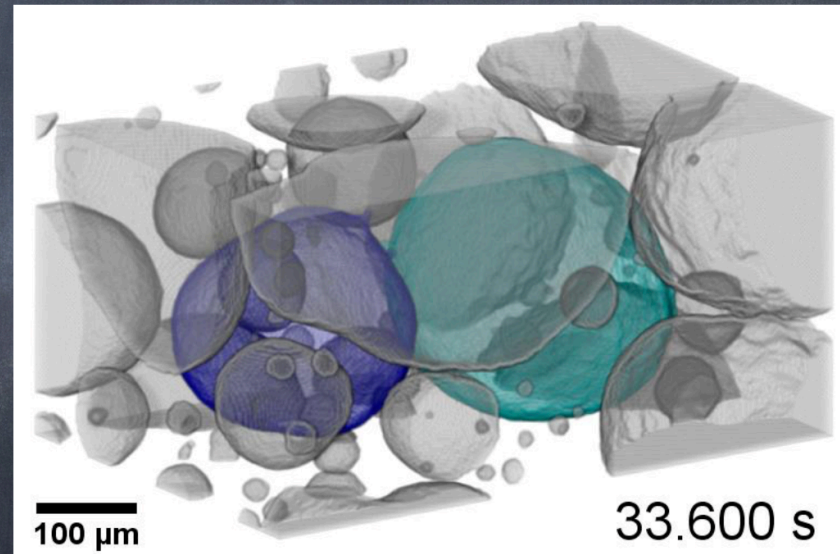
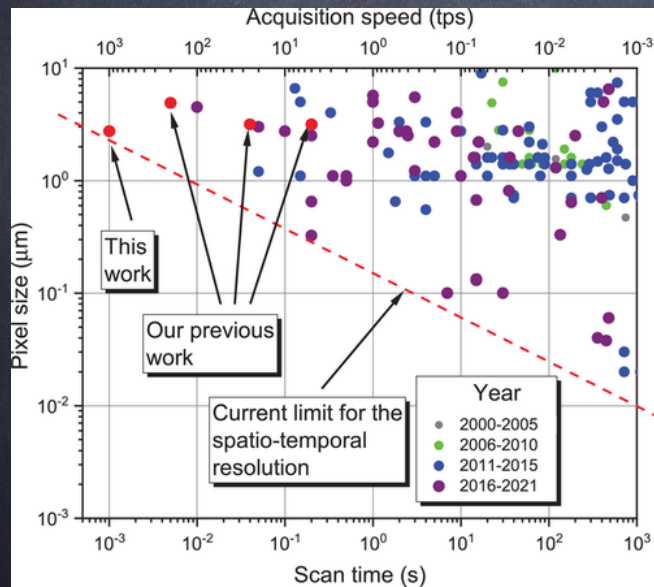
May 2022 News : LCLS-II at Stanford will produce X-ray pulses that are 10,000 times brighter, on average, than those of LCLS and that arrive up to a million times per second – a world record for today's most powerful X-ray light sources.

24 September 2021

## X-ray microscopy with 1000 tomo-grams per second

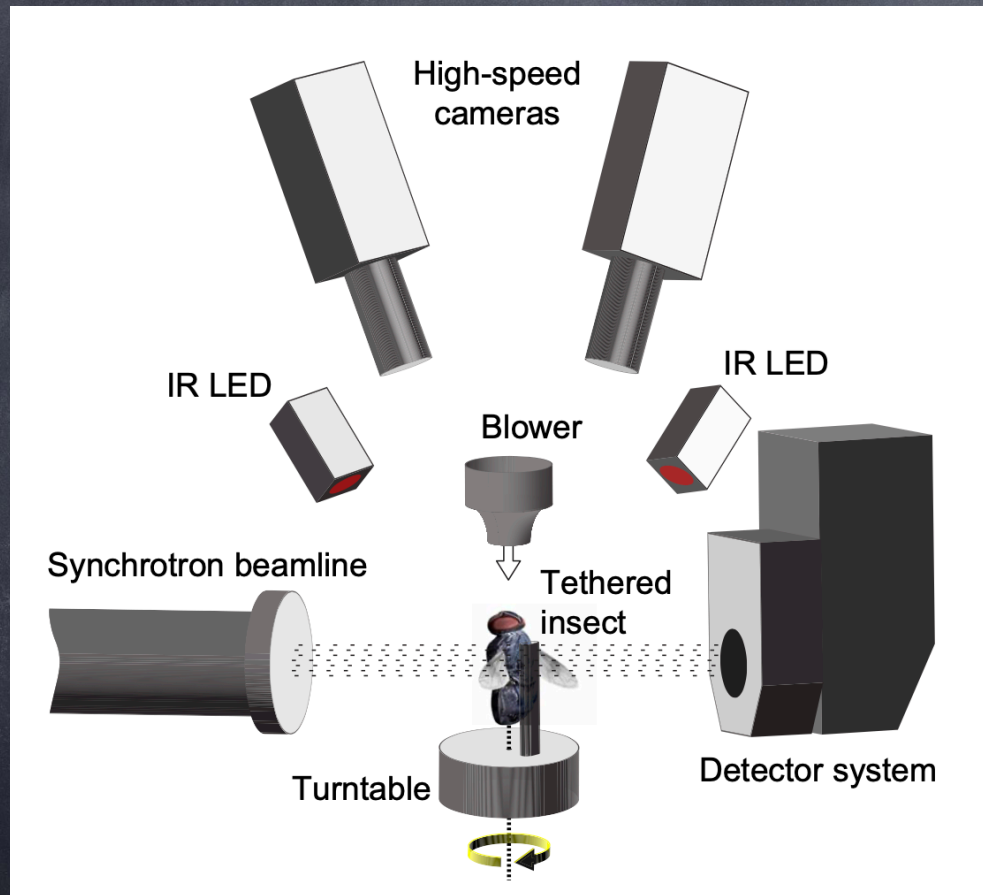
Research Using Synchrotron Light Materials Research Matter and Material

A team at the Swiss Light Source SLS have set a new record using an imaging method called tomography.



100  $\mu\text{m}$  Bubble coalescence

<https://onlinelibrary.wiley.com/doi/10.1002/adma.202104659>



<https://doi.org/10.1371/journal.pbio.1001823>

<https://pubmed.ncbi.nlm.nih.gov/18682361/>



# Muscles and tracheal network *during* flight

Von Prof. Marco Stampanoni / ETHZ und PSI

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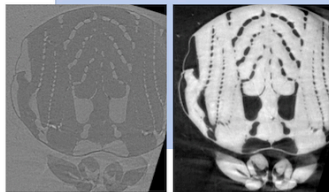
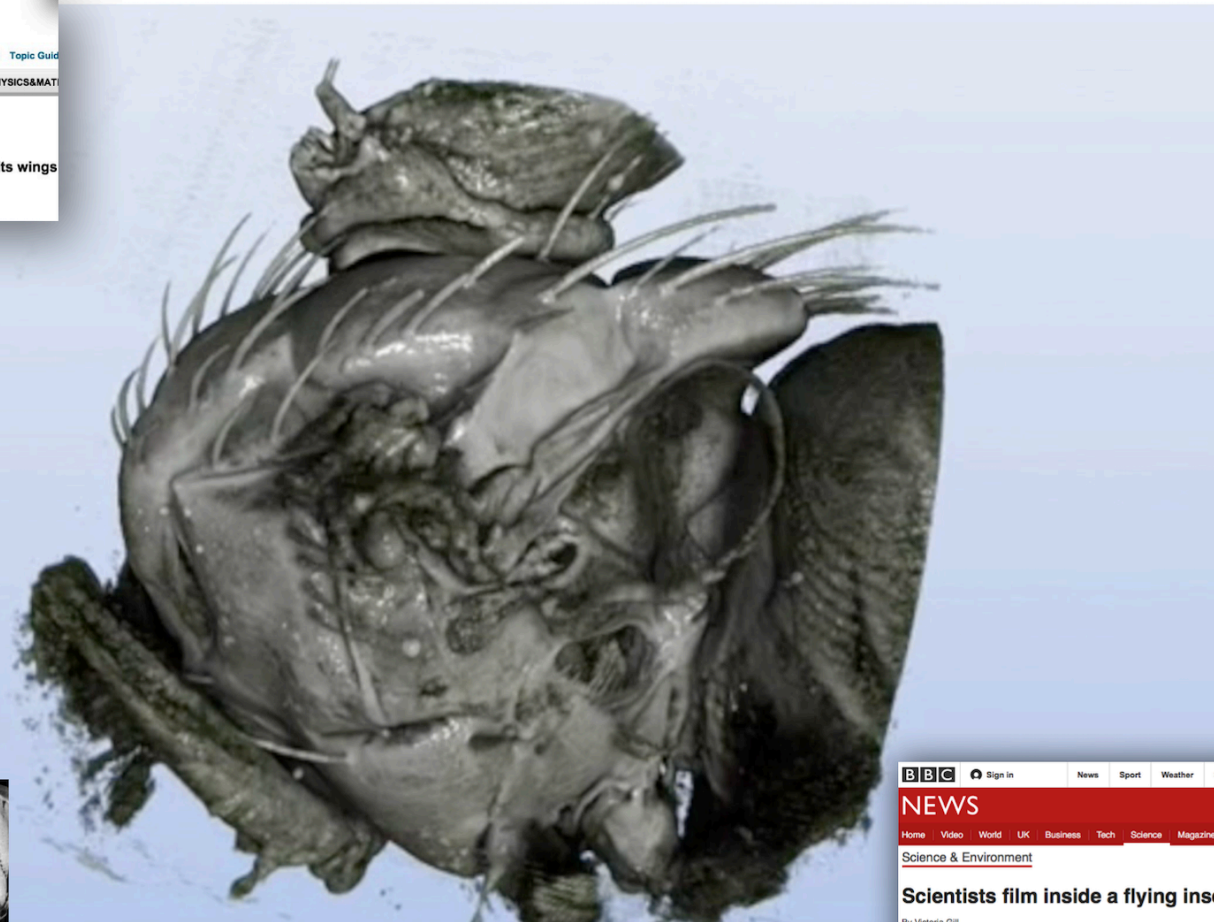
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**Surreal X-ray movie reveals how a fly beats its wings**

21:00 25 March 2014 by Jacob Aron

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Walker et al., PloS Biology (2014) & Mokso et al., SciRep (2015)

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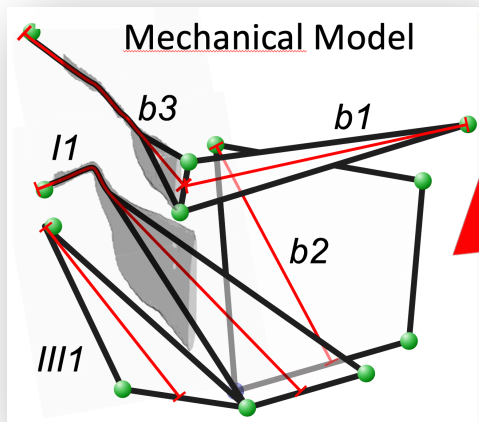
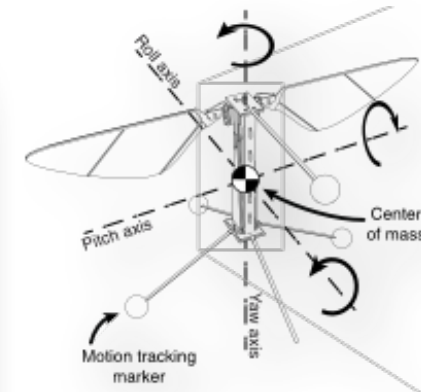
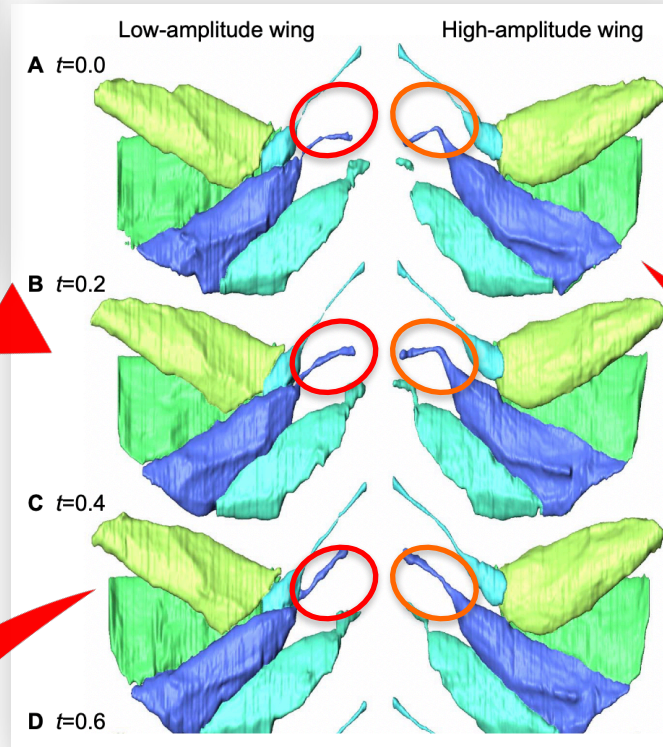
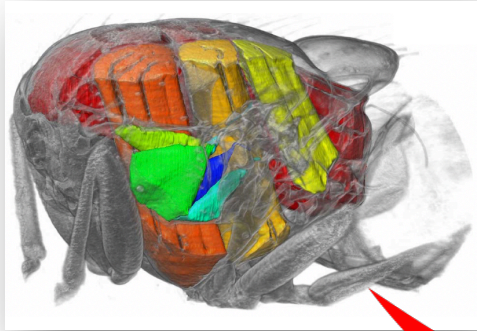
Science & Environment

**Scientists film inside a flying insect**

By Victoria Gill  
Science reporter, BBC News

26 March 2014 Science & Environment

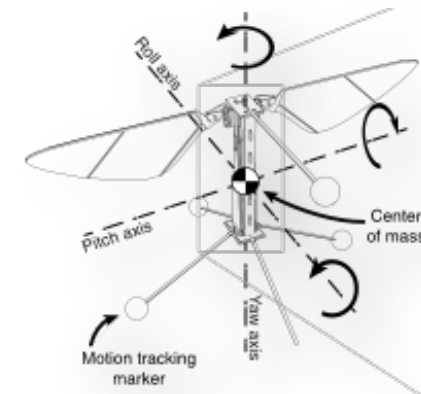
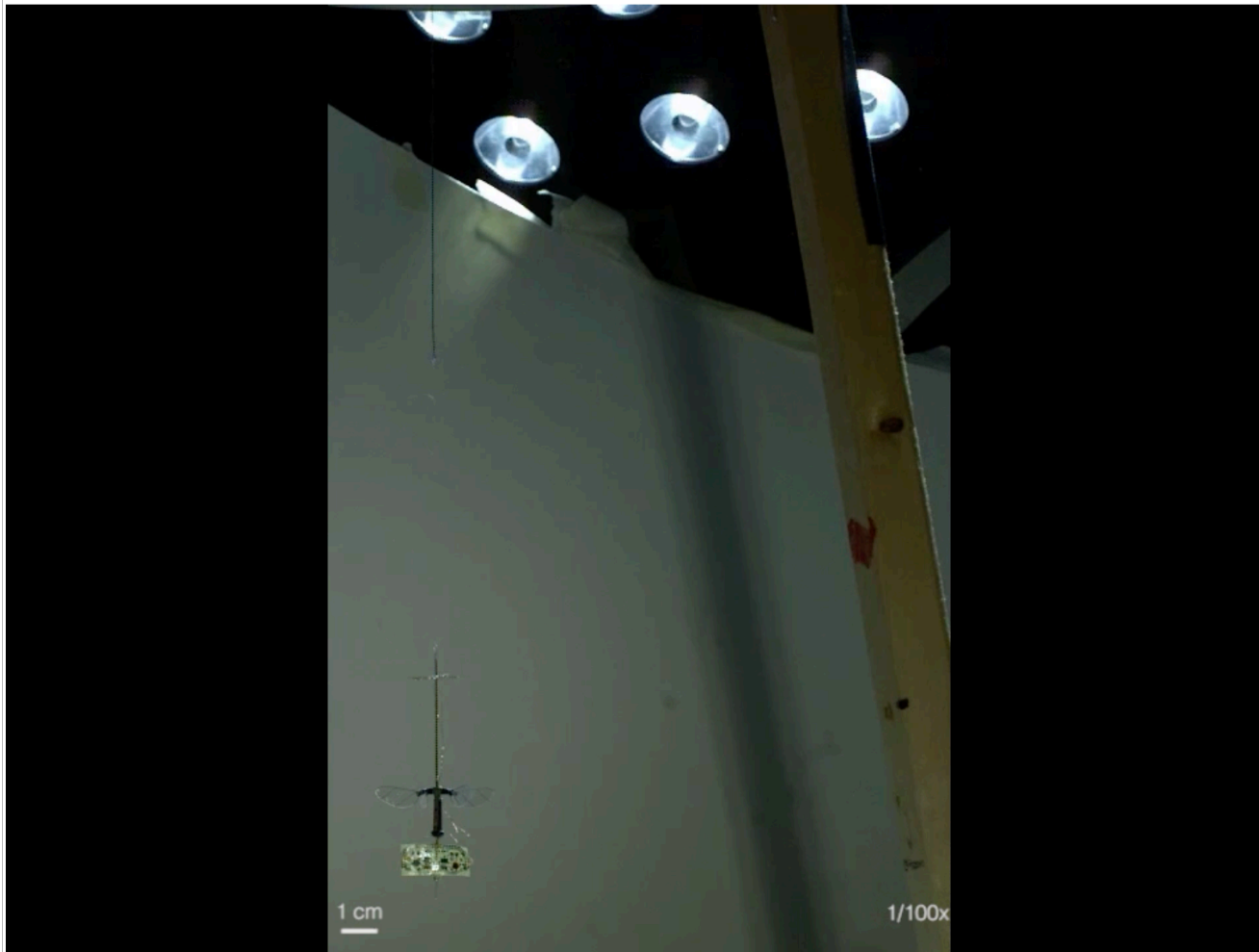
Dynamic X-ray microscopy boosting the development of bio-inspired robotics



Walker S. et al., PloS Biology (2014)

Jafferis et al., Nature 2019

### Dynamic X-ray microscopy boosting the development of bio-inspired robotics



Jafferis et al., Nature 2019

Walker S. et al., PloS Biology (2014)

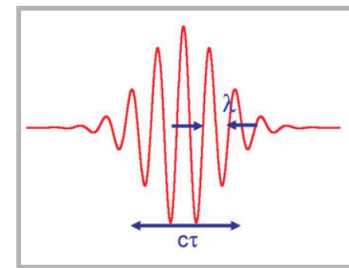
we want 4-D imaging  
3-D + time

spatial  
&  
temporal  
resolution

laser  
(good time  
resolution)

synchrotrons  
poor time res.  
good pos. res.

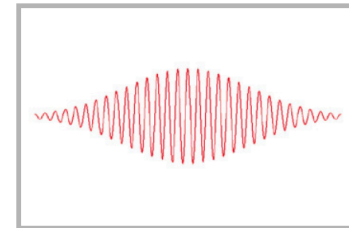
(FEL)  
Free  
Electron  
laser



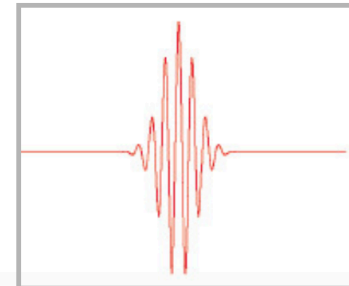
Wanted: short spatial and temporal resolution



Lasers have poor spatial resolution due to long wavelength



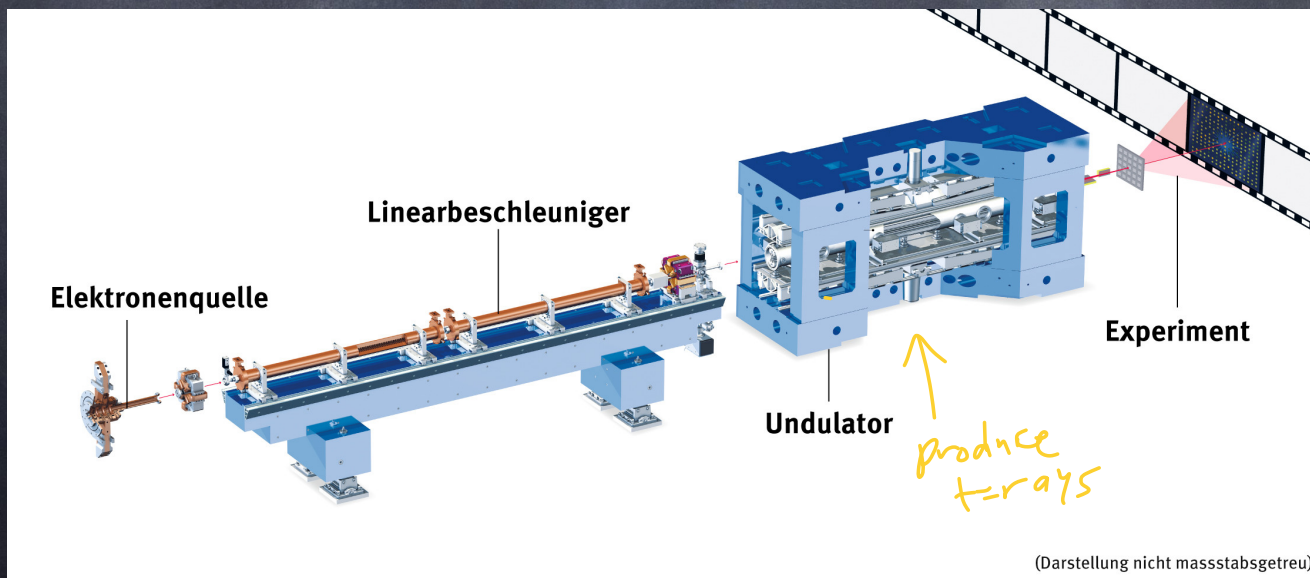
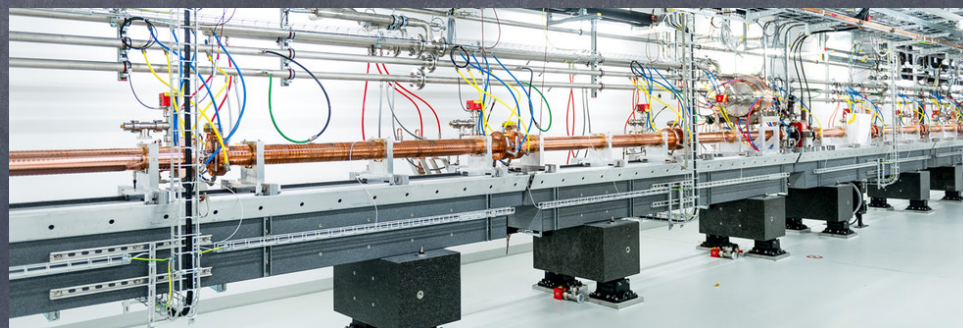
Synchrotrons have a poor temporal resolution due to the long pulse length



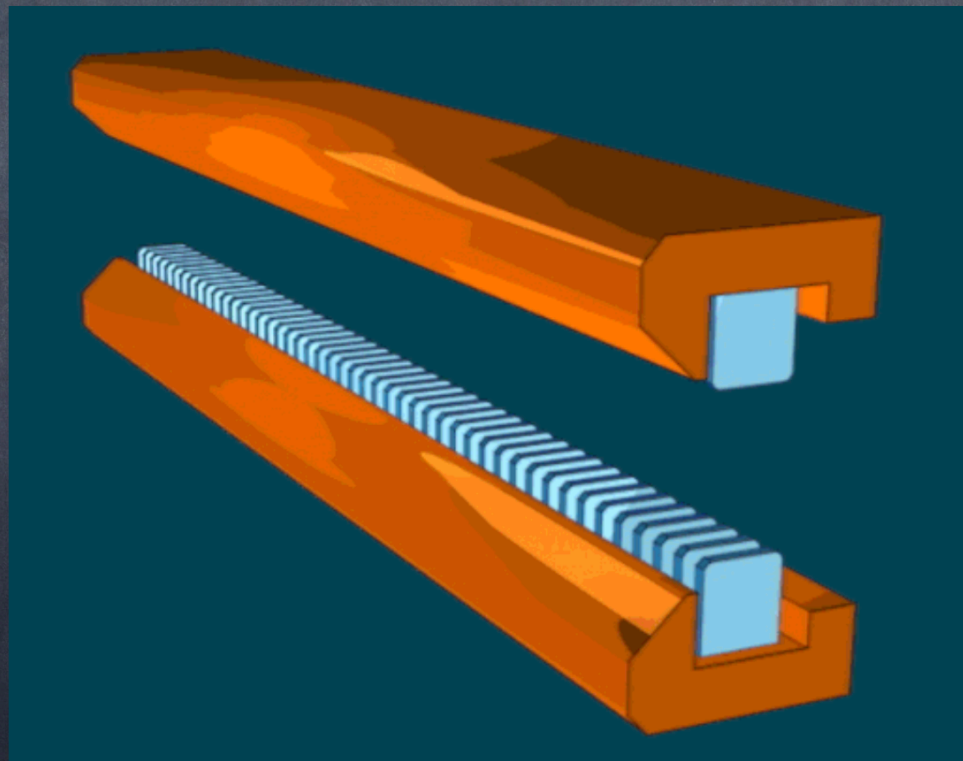
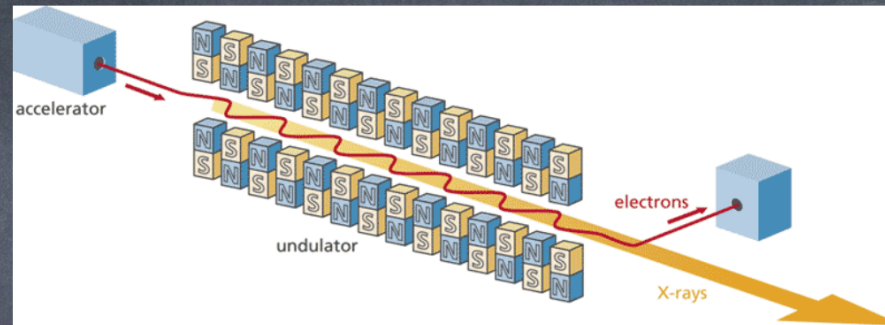
FELs fulfill both demands

PSI

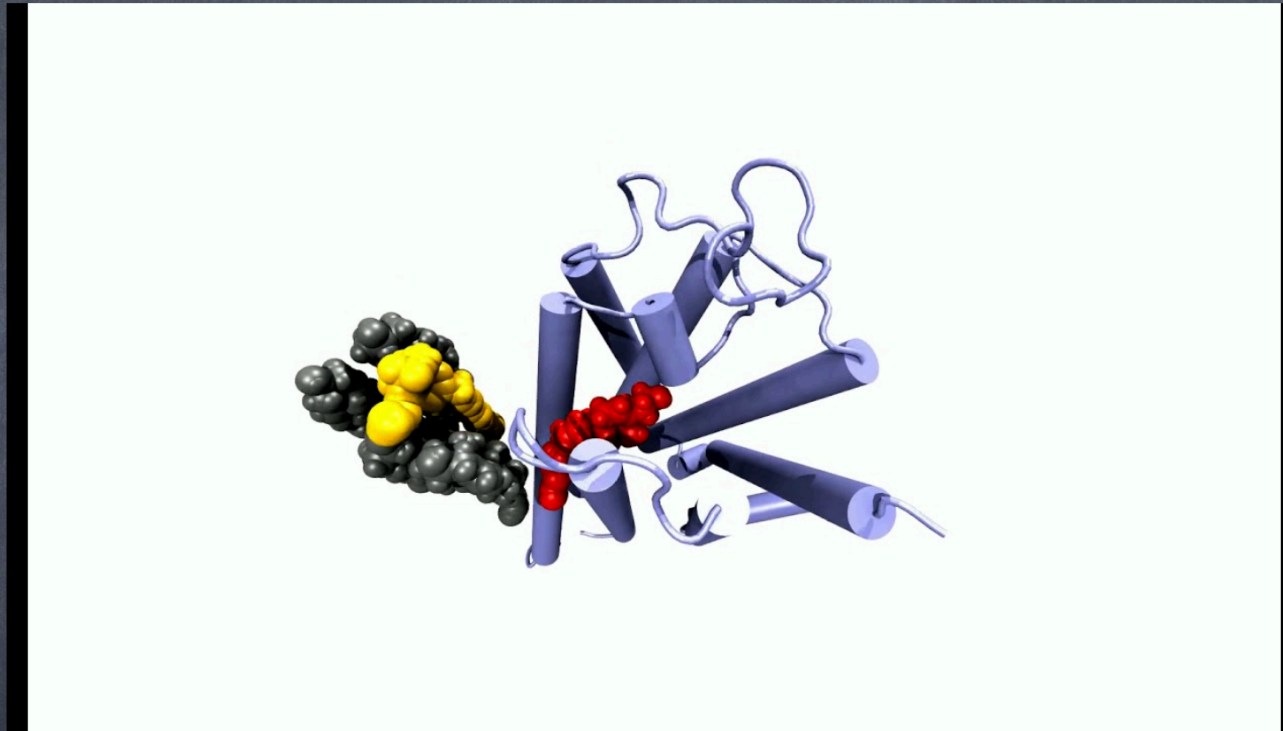
Swiss FEL



# Undulator



# X-ray free-electron laser SwissFEL



Watching receptor proteins change shape

Comparison of time and space resolution	Conventional laser	Synchrotron	Free-electron laser
Wavelength	100 nm	0.1 nm	$10^{-10}$ m 0.1 nm
Time pulse	10 fs ( $10 \times 10^{-15}$ s)	100 ps ( $100 \times 10^{-12}$ s)	10 fs ( $10 \times 10^{-15}$ s)
Summary	Can resolve larger scales at ultrafast speeds	Can resolve atomic scale and fast processes	Can resolve atomic scale and ultrafast processes

position resolution

time resolution



## Some references :

<https://www.microphotonics.com/what-is-micro-ct-an-introduction/>

<https://www.microphotonics.com/how-does-a-microct-scanner-work/>

Laboratory x-ray micro-computed tomography: a user guideline for biological samples

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5449646/>

Useful references for a variety of radiation techniques :

<https://astronuclphysics.info/Scintigrafie.htm#3>

<https://astronuclphysics.info/JadRadMetody.htm>